

## Post-Operative Instructions for: Deep Cleaning.

You may experience some cold and heat sensitivity (especially after deep cleaning).

- 1. If you have received anesthesia do not eat anything until the numbness has worn off.
- 2. Continue your regular brushing and flossing.
- 3. Some bleeding for a day or two after cleaning is normal, but if you experience any excessive bleeding call our office.
- 4. Call our office if you are in pain or if you have any questions.