



## New Patient Appointment

Here at Springs Dental Care we strive for comfortability and compassion for all of our patients. Creating healthy, confident smiles for life is our mission and we are glad you have taken the first step. Regular dental appointments are an important part of maintaining your overall health and wellbeing.

**New Patient Dental Visit:** providing a full complete medical history, informing the dentist of any current medication information and wearing comfortable clothing.

**Medical History:** Be prepared to discuss all medical conditions, surgeries, allergies, and current medications you are taking, including over-the-counter drugs and supplements.

**Clothing and Personal Items:** Wear comfortable clothing and remove any jewelry as patients are subject to have x-rays taken on their first dental visit.

**Oral Hygiene:** Brush your teeth thoroughly before your appointment and don't forget to floss. We ask our patients to please refrain from eating anything heavy or sticky prior to their visit.

**X Rays:** Digital radiography (digital x-ray) is the latest technology used to take dental x-rays, they can be instantly viewed and enlarged helping the dentist and dental hygienist detect problems easier. Dentists and dental hygienists use this information to safely and accurately detect hidden dental abnormalities and complete an accurate treatment plan. Without x-rays, problem areas may go undetected and treatment complications are more prevalent due to the lack of diagnostic information.